





East Midlands

Youth Orienteering Activity Weekend Walesby Forest Activity Centre, Nottinghamshire NG22 9NG Sat-Sun 13-14th October 2018

Invitation

Young orienteers living in the Yorkshire & Humberside and East Midlands regions are invited to a fantastic orienteering activity weekend. Come and enjoy a range of activities with other voung orienteers, have fun and make some new friends!

Itinerary

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Sat 13 th Oct	4pm 5 – 6pm 6.30pm 8 – 9pm 10pm	Arrival Activity 1 (outdoor) Dinner Activity 2 (indoor) Lights out	Age Range The activity weekend is aimed at newcomer and more experienced M/W12-14 orienteers i.e. children born in years 2004-07.
Sun 14 th Oct	8 – 9am 9.30 – 11am 11 – 12 noon 1 – 2.30pm 3pm	Breakfast Orienteering Training Activity 3 Orienteering Fun Sprint Race Close	

Activities

There will be a choice of activities available at the centre: archery, climbing wall, zip wire, cave maze. Orienteering sessions will be organised by a qualified coach, including newcomer and experienced training sessions, finishing with a sprint for all on Sunday.

Accommodation & meals

Overnight accommodation is provided in a lodge within the activity centre. Dinner, breakfast and a lunch packet on Sunday are provided.

Transport

Parents need to organise transport to and from the centre. Families and clubs can share transport. Contact your orienteering club to enquire about car sharing.

Price

£20 per junior, including accommodation, activities, food & drink.

Enrolment

Send your enrolment by e-mail to info@britishorienteering.org.uk, stating child name, club and year of birth. Fee will be payable on confirmation of enrolment.